

Carolina Elite Baseball is a year-round baseball instructional school. Players that join the program are placed on a “team” with other players similar in age and ability level. Practices and various baseball skill sessions are then scheduled for each team at local parks and indoor facilities. Most practices are open to all Carolina Elite members, but occasionally workouts will be scheduled for a specific team or teams. ***All practices are optional!!!*** You simply check the schedule for the workouts being offered to your particular team, and show up when you can!